

Neonatal Transport

What Every Parent Needs To Know

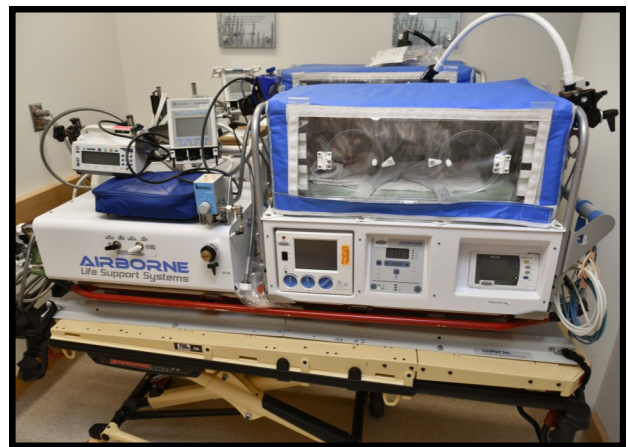
Having your baby moved to another hospital because of a medical emergency can be frightening and confusing. This pamphlet will try to answer some of the questions you may have.

Who Transports My Baby

Your baby is being transported by road or air ambulance to the Neonatal Intensive Care Unit (NICU) at the Regina General Hospital. The NICU is found on the 2nd floor (2E) of the hospital. Your baby will be looked after by a NICU nurse and a respiratory therapist. Both have special training in transporting infants. They will have direct contact with the neonatologist in Regina. Ambulance space is limited. The transport team will decide if any extra passengers may travel with your infant. You may be required to make your own travel arrangements to Regina.



All photographs courtesy RQHR Medical Media Services.



How I Will Know How My Baby is Doing

Let us know when you will be arriving at the hospital so that our NICU staff will know when to expect you. If you will not be going directly to the hospital in Regina, call NICU and leave the number that you can be reached at. If you have a cell phone please leave the number with the NICU staff.

You can phone directly to NICU 1-306-766-6161

Can the Birth Mother be Admitted to Regina

If your doctor feels you need to remain in hospital you may ask to be transferred to the Mother Baby Unit in Regina. Your doctor can make these arrangements. If you are ready to be discharged you will not be transferred.

Where I Can Stay

- Accommodations close to the hospital are available for you at reasonable rates. Ask the NICU nurses for information on this. You may wish to stay with family or friends. Please make sure we have the phone number where you will be staying. If you are breastfeeding, arrangements can be made to stay in a hostel room within the hospital. Ask your NICU nurse for information. Please read the "Finding Accommodations When your Baby Needs to Stay in Hospital" for more information.

Costs

- The cost for food, transportation, parking and lodging are your own.
- The cost of air and road ambulance is not completely subsidized by Saskatchewan Ministry of Health. You will receive a bill for a portion of the cost. If you have extra health insurance this cost may be covered.
- If you need assistance please talk with our social worker who will assist you.

When I Can Visit My Baby

NICU has special visiting rules. Only parents, grandparents, brothers and sisters of the baby who are at least 5 years old, and others who have been approved are allowed to come in to see the baby. You are welcome to take pictures of your baby. If you do not have a camera, the NICU staff would be pleased to take a picture for you.

Note: street parking around the hospital is limited to 2 hours. There are visitors parking lots (pay to park) located by the 14th Avenue hospital entrance and by the 15th Avenue entrance.

- Please read the “Visiting Your Baby in NICU and SCN” booklet for more detailed information.

Feeding My Baby

If your baby is well enough they may be able to breast or bottle feed. Some babies may need alternate feeding methods until they become strong enough to feed by mouth. If your baby is not be able to breast feed you will want to keep up your milk supply by expressing the milk. Please ask your NICU nurse about breast pumps and storage of breastmilk.

Neonatal Intensive Care Unit (NICU)

(306) 766-6161

Special Care Nursery (SCN)

(306) 766-6657

Regina General Hospital

1440 14th Avenue

Regina, Saskatchewan

